

**From:** [Monica Zazueta](#)  
**To:** [Jenna Kay](#)  
**Subject:** Overarching policy  
**Date:** Thursday, June 6, 2024 4:30:39 PM

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We need to have multiple hubs where people can unlearn, relearn and put into practice how to care for themselves, how to care for the community and how to care for Mother Earth. It should be hub/school/child care layout.

(My Signature )

~You must always be willing to truly consider evidence that contradicts your beliefs, and admit the possibility you may be wrong. Intelligence isn't knowing everything, it's the ability to challenge everything you know. Let's all give up our fear as a justification for not to take action because we are the creators of our reality.

Sending healing vibes  
Monica Zazueta  
Concerned Mum

360-723-7707

Sharing energy,

1.

Doughnut Economics 7 Ways to Think Like a 21st Century Economist  
by Kate Raworth

Free digital copy of the book,

<https://fenix.tecnico.ulisboa.pt/downloadFile/845043405579281/Raworth%20%282017%29%20Doughnut%20Economics.pdf>

2.

29 minute video explaining Doughnut Economics

"How radical ideas can turn into transformative practice. Stockholm impact week 2023"

<https://youtu.be/qwyzsAWRMcw?si=Hut8czYBLqAjOBpb>

3.

Nate Hagens: "Episode 100 - The Great Simplification"

<https://youtu.be/GocuMZX3hIs?si=impadsCjN-aGZzk0>