

## Jenna Kay

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**From:** Monica Zazueta <zazuetamonica0813@gmail.com>  
**Sent:** Friday, August 2, 2024 12:34 PM  
**To:** Jenna Kay; Amy Koski; Ben Duncan; Sylvia Ciborowski; Dana Hellman; tlunsford@parametrix.com; Harrison Husting; Nicole Metildi  
**Subject:** Please watch "Can Bamboo Replace Paper And Plastic? And Should It? | World Wide Waste | Business Insider" on YouTube

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<https://youtu.be/B6FVwNiR1XI?si=mxh-AelCkWWB-2b4>

(My Signature 😊)

~You must always be willing to truly consider evidence that contradicts your beliefs, and admit the possibility you may be wrong. Intelligence isn't knowing everything, it's the ability to challenge everything you know. Let's all give up our fear as a justification for not to take action because we are the creators of our reality.

Sending healing vibes

Monica Zazueta

Concerned Mum



360-723-7707

Sharing energy,

1.

Doughnut Economics 7 Ways to Think Like a 21st Century Economist

by Kate Raworth

Free digital copy of the book,

<https://fenix.tecnico.ulisboa.pt/downloadFile/845043405579281/Raworth%20%282017%29%20Doughnut%20Economics.pdf>

2.

29 minute video explaining Doughnut Economics

"How radical ideas can turn into transformative practice. Stockholm impact week 2023"

<https://youtu.be/qwyzsAWRMcw?si=Hut8czYBLqAjOBpb>

3.

Nate Hagens: "Episode 100 - The Great Simplification"

<https://youtu.be/GocuMZX3hIs?si=impadsCjN-aGZzk0>