

## Jenna Kay

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**From:** Monica Zazueta <zazuetamonica0813@gmail.com>  
**Sent:** Thursday, August 29, 2024 11:03 PM  
**To:** Jenna Kay; Amy Koski; sylvia@mosaicresolutions.com; Dana Hellman; Ben Duncan; tlunsford@parametrix.com; Harrison Husting; Nicole Metildi  
**Subject:** "Personal Liberation for Public Change with Mamphela Ramphele | TGS 137" on YouTube

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<https://youtu.be/OMBIOACnpVU?si=1vNAR8Q32LfQvyHC>

Here are the 5 main ideas or key thoughts from the conversation:

1. Self-liberation and questioning the status quo are essential for driving social change and transformation.
2. Language, terminology, and the stories we tell shape our perceptions and relationship with the world around us.
3. Intergenerational collaboration, learning from elders and youth, and a commitment to lifelong learning are crucial for addressing complex societal and ecological challenges.
4. Adopting a holistic, values-based approach to education and redefining our relationship with energy, nature, and each other is necessary for a just transition.
5. Cultivating compassion, interconnectedness, and a sense of responsibility as global citizens are key to creating a sustainable future.