

Jenna Kay

From: Monica Zazueta <zazuetamonica0813@gmail.com>
Sent: Tuesday, October 15, 2024 12:26 PM
To: Amy Koski; Jenna Kay; sylvia@mosaicresolutions.com; Dana Hellman; Ben Duncan; tlunsford@parametrix.com; Harrison Husting; Nicole Metildi
Subject: Watch "The State of Earth's Critical Systems with Kari Stoeber | TGS 145" on YouTube

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<https://youtu.be/BYapD9T6J3A?si=1TPfSZoYVJmbaqO3>

Here is a concise summary of the key points from the text:

The Planetary Health Check is a comprehensive annual assessment of the health of the entire planet, examining 9 key biophysical processes that regulate the Earth's stability. Led by Carrie Stover and the Planetary Guardians, the initiative aims to provide real-time monitoring and insights on the state of the planet, which currently shows 6 of the 9 boundaries have been breached, putting us outside a safe operating space for humanity.

The goal is to empower people with this data to drive systemic change, rather than just presenting a "bad news" diagnosis. This includes developing tools and platforms to make the planetary data accessible and actionable at local levels. The hope is to build a "planetary simulator" to better understand the interconnected tradeoffs and feedback loops across climate, oceans, biosphere and other key systems.

Fundamentally, the Planetary Health Check is about shifting consciousness and values, moving beyond just information deficits. It recognizes the need for a holistic, "whole Earth" approach that addresses the underlying "metabolic syndrome" affecting the planet, rather than piecemeal solutions. Engaging people emotionally, not just intellectually, is seen as key to catalyzing the necessary societal transformations in food, energy, economy and more.

The Earth is a living system.

Major food transformation, circular economy, production, consumption pattern changes, energy transition all of these together are the only things that are going to get us back to a safe operating space for humanity.

You have to bring the planetary boundaries into a local context to empower decision making.

(My Signature 😊)

~You must always be willing to truly consider evidence that contradicts your beliefs, and admit the possibility you may be wrong. Intelligence isn't knowing everything, it's the ability to challenge everything you know. Let's all give up our fear as a justification for not to take action because we are the creators of our reality.

Sending healing vibes

Monica Zazueta

Concerned Mum



360-723-7707

Sharing energy,

1.

Doughnut Economics 7 Ways to Think Like a 21st Century Economist
by Kate Raworth

Free digital copy of the book,

<https://fenix.tecnico.ulisboa.pt/downloadFile/845043405579281/Raworth%20%282017%29%20Doughnut%20Economics.pdf>

2.

29 minute video explaining Doughnut Economics

"How radical ideas can turn into transformative practice. Stockholm impact week 2023"

<https://youtu.be/qwyzsAWRMcw?si=Hut8czYBLqAjOBpb>

3.

Nate Hagens: "Episode 100 - The Great Simplification"

<https://youtu.be/GocuMZX3hIs?si=impadsCjN-aGZzk0>