

## Jenna Kay

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**From:** Monica Zazueta <zazuetamonica0813@gmail.com>  
**Sent:** Monday, December 16, 2024 12:19 PM  
**To:** Jenna Kay; Amy Koski; Ben Duncan; sylvia@mosaicresolutions.com; Dana Hellman; Harrison Husting; tlunford@parametrix.com; Nicole Metildi  
**Subject:** Please watch "Money is a Claim on Energy - Nate Hagens (The Great Simplification)" on YouTube

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<https://youtu.be/ucBSohkzBWw?si=tLR4D9Xa7BeBpqEa>

Here is a concise summary of the key points from the video:

Nate Hagens provides a systems-level perspective on the significant ecological and economic challenges facing humanity. He describes the "great simplification" - the inevitable downsizing and decomplexification of human civilization as we deplete finite fossil fuels and exceed planetary boundaries.

Hagens emphasizes that our current economic paradigm of perpetual growth is fundamentally at odds with the biophysical realities of a finite planet. He argues that technology and renewable energy alone cannot sustain our current levels of consumption and energy use. Rather, a major simplification and reduction in scale is inevitable.

Hagens is concerned about the potential social and political upheaval this transition may bring, including debt crises, geopolitical conflicts, and the breakdown of social contracts. However, he believes a "bend, not break" approach is possible if we can shift our values and priorities to focus on ecological regeneration and community resilience.

Hagens emphasizes the importance of developing an embodied, systems-level understanding of humanity's place within the web of life. He is skeptical of simply spreading more information, arguing that a deeper, visceral shift in consciousness is required. Hagens sees youth, indigenous wisdom, and narratives that inspire ecological stewardship as key to catalyzing this transformation.

Overall, Hagens paints a sobering yet hopeful picture, arguing that navigating the "great simplification" with care and wisdom represents humanity's greatest challenge and opportunity in this pivotal moment.