

## Jenna Kay

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**From:** Monica Zazueta <zazuetamonica0813@gmail.com>  
**Sent:** Tuesday, December 17, 2024 10:10 AM  
**To:** Jenna Kay; Amy Koski; sylvia@mosaicresolutions.com; Dana Hellman; Ben Duncan; Harrison Husting; tlunsford@parametrix.com; Nicole Metildi  
**Subject:** Please watch "A Path Toward Holistic Adulthood with Bill Plotkin | TGS 146" on YouTube

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<https://youtu.be/S25UKLq5m8?si=8ZvjUdLisHJ20I45>

Here is a concise summary of the key points from the video:

The interview explores Bill Plotkin's work in ecopsychology and human development. Plotkin believes the root cause of societal crises is arrested human development, where most people never reach true adulthood.

Plotkin outlines 8 stages of human development, from childhood to elderhood, that are grounded in nature's templates. He emphasizes the importance of ecological awakening - the experience of deeply connecting with the more-than-human world as kin. This shift from an egocentric to an ecocentric worldview is a crucial first step.

However, Plotkin states that even fewer people progress to the later stages of mature adulthood and elderhood, which require experiences of "soul initiation" and cultivating one's unique ecological niche as a gift to the world.

Plotkin advocates for educational systems and cultural practices that support healthy human development. He believes this is essential for addressing the interconnected crises we face, which stem from a fundamental lack of human maturity on a societal scale.

The summary highlights Plotkin's key ideas around stages of development, ecological awareness, and the need for cultural transformation to nurture mature, nature-connected humans. It provides the main takeaways in a concise, accessible manner.