

Jenna Kay

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Sent: Thursday, January 9, 2025 10:06 PM
To: Jenna Kay; Amy Koski; sylvia@mosaicresolutions.com; Ben Duncan; Dana Hellman; Nicole Metildi; Harrison Husting; tlunsford@parametrix.com
Subject: Edenicity Podcast #11: Feeding the World in Style Summary

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Edenicity Podcast #11: Feeding the World in Style

<https://youtu.be/Hcrw2nuW1Ow?si=uUvIvwOHo5GkThLT>

Here is a concise summary of the key points from the video:

The video challenges the dominant narrative that large-scale, industrialized agriculture is the only way to feed the world's growing population. It argues that small-scale, diverse farming systems are often more efficient and productive per unit of land.

The author outlines a vision for food production in the Edenicity, which integrates agriculture throughout the urban fabric. This includes rooftop aquaponic greenhouses, courtyard orchards and gardens, and larger-scale farming zones surrounding each neighborhood.

The design maximizes productivity, reduces waste and transportation, and provides meaningful employment. It also blends food production with other functions like climate control, stormwater management, and recreation.

The video emphasizes the importance of resolving false dichotomies, such as "small vs. large" and "local vs. global" in agriculture. It suggests the future food system can be a beautiful, ecologically-integrated network of growing spaces, rather than the noisy, polluting industrial model.

Overall, the video presents a compelling alternative vision for how cities and food systems can be redesigned to be more sustainable, equitable, and life-affirming.

The text does mention some general principles that could be applied to a city in Washington state's climate:

1. Rooftop gardens with aquaponic systems - The text says these are the most productive and intensive part of the food system, providing 1-2 kg of greens/veggies and 50-70 g of fish per resident per day. This could work well in Washington's climate.

2. Outdoor courtyard gardens with mixed tree, shrub, and vine plantings - In cool/temperate climates, the text describes orchards, hedges, natural swimming ponds, and understory crops that could thrive in Washington.

3. Surrounding farmland zones with broad acre crops, rotational grazing, and aquaculture systems - These broader agricultural zones could provide staple crops, animal products, and aquatic foods to supplement the urban gardens.

4. Extensive forest zones for timber, forage, and habitat restoration - The text envisions these transitional forest zones around the city, which could work well in Washington's climate.

The key principles seem to be integrating intensive urban food production close to where people live, while also having broader agricultural and forestry zones in the surrounding areas.

<https://www.edenacity.com/e11.html>

(My Signature 😊)

~You must always be willing to truly consider evidence that contradicts your beliefs, and admit the possibility you may be wrong. Intelligence isn't knowing everything, it's the ability to challenge everything you know. Let's all give up our fear as a justification for not to take action because we are the creators of our reality.

Sending healing vibes

Monica Zazueta

Concerned Mum



360-723-7707

Sharing energy,

1.

Doughnut Economics 7 Ways to Think Like a 21st Century Economist
by Kate Raworth

Free digital copy of the book,

<https://fenix.tecnico.ulisboa.pt/downloadFile/845043405579281/Raworth%20%282017%29%20Doughnut%20Economics.pdf>

2.

29 minute video explaining Doughnut Economics

"How radical ideas can turn into transformative practice. Stockholm impact week 2023"

<https://youtu.be/qwyzsAWRMcw?si=Hut8czYBLqAjOBpb>

3.

Nate Hagens: "Episode 100 - The Great Simplification"

<https://youtu.be/GocuMZX3hIs?si=impadsCjN-aGZzk0>