

## Jenna Kay

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**From:** Monica Zazueta <zazuetamonica0813@gmail.com>  
**Sent:** Friday, January 10, 2025 5:41 AM  
**To:** Jenna Kay; Amy Koski; sylvia@mosaicresolutions.com; Dana Hellman; Ben Duncan; Harrison Husting; tlunsford@parametrix.com; Nicole Metildi  
**Subject:** Third places

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Examples of third places:

Plaza with abundant natural green spaces.

Coffee shops

Parks

Libraries

Churches

Community centers

Local bars

Bookstores

Gyms

Importance of third places:

Community building: They provide a space

for people to meet new people, connect with acquaintances, and build a sense of belonging.

Social interaction: They encourage casual conversation and interaction with others outside of structured work or family settings.

Mental well-being: Access to third places can contribute to a sense of community and combat feelings of isolation.

With a focus on more free/low cost options for our community that is primarily lower class.

(My Signature 😊)

~You must always be willing to truly consider evidence that contradicts your beliefs, and admit the possibility you may be wrong. Intelligence isn't knowing everything, it's the ability to challenge everything you know. Let's all give up our fear as a justification for not to take action because we are the creators of our reality.

Sending healing vibes

Monica Zazueta

Concerned Mum



360-723-7707

Sharing energy,

1.

Doughnut Economics 7 Ways to Think Like a 21st Century Economist  
by Kate Raworth

Free digital copy of the book,

<https://fenix.tecnico.ulisboa.pt/downloadFile/845043405579281/Raworth%20%282017%29%20Doughnut%20Economics.pdf>

2.

29 minute video explaining Doughnut Economics

"How radical ideas can turn into transformative practice. Stockholm impact week 2023"

<https://youtu.be/qwyzsAWRMcw?si=Hut8czYBLqAjOBpb>

3.

Nate Hagens: "Episode 100 - The Great Simplification"

<https://youtu.be/GocuMZX3hIs?si=impadsCjN-aGZzk0>